10A | Llan Ffestiniog to Manod Quarry

At the road, B4391, turn right and cross the road to the footpath sign just after the cattle grid. This section of the walk contains some very boggy areas, and high bracken in the summer. Cross the stile and follow the fence, keeping to the slightly higher (and drier) ground to the right, just below the crags, and make for a stile in the left corner. Follow the fence along a grassy swathe between the fence and the rushes. The faint path becomes a wider track, which passes over a hump between rocky outcrops. When you meet another track, turn right towards Llyn Morwynion.

Skirt the left end of the lake, crossing the dam and spillway. If the spillway is under water, follow the outflow a short distance downstream and cross at an obvious narrow point. Then continue left to an iron gate at the junction of the fence and the wall. Through the gate, bear left to follow a narrow sheep track-like path below the crags.

At the footpath post just beyond a ruin, walk gradually down the slope on the left, to a galvanised gate in the wall ahead. Do not pass through this gate but continue with the wall on your left. Make your way through the rushes, ignoring stiles on your left. Contour the hillside which is on your right, keeping the wall to your left until you reach a further stile a short way ahead. Cross the stile and follow indistinct sheep tracks, with the fence on your left, until you reach the abandoned farmstead of Garreglwyd.

Go through the gate and skirt round the right of the farm until you reach a footpath sign. Cross the field in the general direction of the footpath sign arrow. Keep to the left of a field enclosure, then skirt to the right of the bog, making for a stile at the junction of a wall and a fence.

Cross the stile. To the left are waterworks buildings. Scramble up the steep grassy hillside immediately in front of you until you reach a broad grassy track. Turn right along this track, ignoring, firstly a stile and a gate on your right, then another gate in front of you, bearing left each time. Follow the track leftwards into the valley of the Afon Gamallt, which is crossed by a wooden footbridge.

The track continues muddily up the other side of the valley, following the fence. A little short of a kilometer further on, the track bends off to the right. Ignore this and follow the fence past a small pool on its other side until you reach a footpath sign and stile. Cross the stile and continue across the grassy slope in the direction of the footpath arrow (on the step, not on the post!).

Zig zag steeply down the pathless slope until you reach an old, grassy quarry track going off to the left from the disused quarry. Follow this, turning right when it reaches more level ground, to join the road at a prominent post. Follow the road uphill to the right until you reach the Manod Quarry entrance.

Llyn Morwynion

Cwm Teigl

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